

Supplementary Table-1

| Characteristic | Overall, N = 4,185¹ | Followed, N = 3199 (76%)¹ | Lost, N = 986 (24%)¹ | p-value² |
|---------------------------|---------------------------------------|---|--|----------------------------|
| Age Group | | | | 0.118 |
| < 44 | 2,628 | 2,013 (77%) | 615 (23%) | |
| 45-59 | 1,162 | 900 (77%) | 262 (23%) | |
| 60+ | 395 | 286 (72%) | 109 (28%) | |
| Gender | | | | <0.001 |
| Men | 1,784 | 1,262 (71%) | 522 (29%) | |
| Women | 2,401 | 1,937 (81%) | 464 (19%) | |
| Education | | | | 0.991 |
| Literate | 2,995 | 2,290 (76%) | 705 (24%) | |
| Illiterate | 1,190 | 909 (76%) | 281 (24%) | |
| Wealth Quintiles | | | | <0.001 |
| Q1 | 657 | 437 (67%) | 220 (33%) | |
| Q2 | 767 | 600 (78%) | 167 (22%) | |
| Q3 | 787 | 593 (75%) | 194 (25%) | |
| Q4 | 838 | 684 (82%) | 154 (18%) | |
| Q5 | 926 | 737 (80%) | 189 (20%) | |
| BMI Classification | | | | 0.002 |
| <= 18.50 | 463 | 308 (67%) | 155 (33%) | |
| 18.51 - 25.00 | 1,903 | 1,400 (74%) | 503 (26%) | |
| 25.01 - 30.00 | 899 | 663 (74%) | 236 (26%) | |
| 30.01+ | 254 | 201 (79%) | 53 (21%) | |
| Physical Activity | | | | <0.001 |
| Non-sedentary | 963 | 691 (72%) | 272 (28%) | |
| Sedentary | 3,222 | 2,508 (78%) | 714 (22%) | |
| Central Obesity | | | | 0.018 |
| Non-obese | 2,206 | 1,654 (75%) | 552 (25%) | |
| Obese | 1,972 | 1,541 (78%) | 431 (22%) | |
| Alcohol | | | | 0.001 |
| Non-user | 3,389 | 2,626 (77%) | 763 (23%) | |
| User | 796 | 573 (72%) | 223 (28%) | |
| Tobacco | | | | <0.001 |
| Non-user | 2,623 | 2,072 (79%) | 551 (21%) | |
| User | 1,562 | 1,127 (72%) | 435 (28%) | |
| Current Smokers | | | | 0.126 |
| Non-smokers | 3,995 | 3,063 (77%) | 932 (23%) | |
| Smokers | 190 | 136 (72%) | 54 (28%) | |
| BP Status 2017 | | | | <0.001 |
| Normal | 2,326 | 1,836 (79%) | 490 (21%) | |
| Prehypertension | 1,859 | 1,363 (73%) | 496 (27%) | |
| Dysglycemia 2017 | | | | 0.002 |
| Absent | 3,561 | 2,753 (77%) | 808 (23%) | |
| Present | 624 | 446 (71%) | 178 (29%) | |

¹ Statistics presented: n (%) ; Median (IQR)² Statistical tests performed: chi-square test of independence