

Supplement Table 2: Spearman correlation coefficients between Aortic distensibility and variables of training history

	Distensibility	Age	Age at ET Start	Total ET hours	Yearly ET hours	ET years	10-Mile race time
Distensibility	1.000	-0.174	-0.386***	0.277	0.131	0.276*	-0.224
Age		1.000	0.456***	0.144	-0.087	0.276***	0.092
Age at ET Start			1.000	-0.578**	-0.143	-0.703***	0.608***
Total ET hours				1.000	0.669***	0.751***	-0.699***
Yearly ET hours					1.000	0.078	-0.472***
ET years						1.000	-0.588***
10-Mile race time							1.000

*, p-value < 0.05; ***, p-value < 0.001;