

Certainty assessment							Summary of findings				
No. of participants (studies)	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Overall certainty of evidence	Study event rates (%)		Relative effect (95% CI)	Anticipated absolute effects	
							With low dose ACEI	With high dose ACEI		Risk with low dose ACEI	Risk difference with high dose ACEI
All cause mortality											
5 828 (8 RCTs)	not serious	not serious	not serious	serious ^a	none	⊕⊕⊕○ MODERATE	800/3257 (24.6%)	726/2571 (28.2%)	RR 0.95 (0.88 to 1.02)	246 per 1.000	12 fewer per 1.000 (29 fewer to 5 more)
Cardiovascular mortality											
4 048 (6 RCTs)	not serious	not serious	not serious	serious ^b	none	⊕⊕⊕○ MODERATE	662/2119 (31.2%)	601/1929 (31.2%)	RR 0.93 (0.85 to 1.01)	312 per 1.000	22 fewer per 1.000 (47 fewer to 3 more)
All cause hospitalization											
5 394 (5 RCTs)	not serious	not serious	not serious ^c	serious ^d	none	⊕⊕⊕○ MODERATE	863/2981 (29.0%)	731/2413 (30.3%)	RR 0.95 (0.82 to 1.10)	290 per 1.000	14 fewer per 1.000 (52 fewer to 29 more)
Cardiovascular hospitalization											
5 242 (4 RCTs)	serious ^e	not serious	not serious ^f	serious ^g	none	⊕⊕○○ LOW	633/2880 (22.0%)	590/2362 (25.0%)	RR 0.98 (0.83 to 1.17)	220 per 1.000	4 fewer per 1.000 (37 fewer to 37 more)
Functional capacity											
555 (4 RCTs)	serious ^h	not serious	not serious	serious ⁱ	none	⊕⊕○○ LOW	-	-	-	-	SMD 0.38 higher (0.20 higher to 0.55 higher)
Side effects – Hypotension											
3 783 (4 RCTs)	serious ^{hj}	not serious	not serious	not serious	none	⊕⊕⊕○ MODERATE	111/1955 (5.7%)	178/1828 (9.7%)	RR 1.64 (1.30 to 2.05)	57 per 1.000	36 more per 1.000 (17 more to 60 more)
Side effects – Dizziness											

4 994 (3 RCTs)	serious ^{h,j}	not serious	not serious	serious ^k	none	⊕⊕○○ LOW	391/2758 (14.2%)	414/2236 (18.5%)	RR 1.37 (0.97 to 1.93)	142 per 1.000	52 more per 1.000 (4 fewer to 32 more)
Side effects – Cough											
5 146 (4 RCTs)	serious ^{h,j}	not serious	not serious	not serious	none	⊕⊕⊕○ MODERATE	380/2859 (13.3%)	253/2287 (11.1%)	RR 0.85 (0.73 to 0.98)	133 per 1.000	20 fewer per 1.000 (6 fewer to 3 fewer)
Quality of life											
144 (1 RCT)	serious ^h	not serious	not serious	not serious	none	⊕⊕⊕○ MODERATE	The baseline mean score for all patients was 44 points. After 3 months, the mean change for the high dose ACEI group was -6 points and for the low dose ACEI group was -10 points. Mean difference between groups was -4 points.				

CI, Confidence interval; RR, Risk ratio; MD, Mean difference

Explanations:

- For clinically important reduction (considered as a 10% relative risk reduction), optimum information size was not reached (DARIS = 9097).
- For clinically important reduction (considered as a 10% relative risk reduction), optimum information size was not reached (DARIS = 7109).
- In one study (The Network, 1998), it is not clear if the number of hospitalizations reported accounts only for first hospitalization or also cases of re-hospitalization. However, the quality of the outcome was not downgraded because this study showed results similar to those of the other studies included in this analysis.
- For clinically important reduction (considered as 10% relative risk reduction), optimum information size was not reached (DARIS = 23717).
- Clement, 2000 and Nanas, 2000 present high risk of bias for this outcome on the outcome measurement domain.
- One study (The Network, 1998) reported only heart failure related hospitalizations, and not hospitalizations for all cardiovascular causes. However, because heart failure is the main cause of cardiovascular hospitalization in other included studies, we included this data in our analysis without downgrading the quality of evidence for indirectness.
- For clinically important reduction (considered as 10% relative risk reduction), optimum information size was not reached (DARIS = 42372).
- No protocol was found for any of the included studies; therefore, they were classified as having some concerns regarding selection of reported results for these outcomes.
- Imprecise confidence interval: in the worst scenario, can increase exercise time by 0.20 SMD, which is considered a small effect; in the best scenario, can increase exercise time by 0.55 SMD, which is considered a moderate effect.
- Clement, 2000 presents high risk of bias for the outcome measurement domain due to lack of blinding of outcome assessors.
- Imprecise confidence interval: in the best scenario, high dose ACEIs can decrease the risk of dizziness by 3%; in the worst scenario, they can increase the risk by 93%.