openheart Isolated surgical tricuspid repair versus replacement: meta-analysis of 15 069 patients

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ABSTRACT

Objectives Tricuspid valve disease is increasingly encountered, but surgery is rarely performed in isolation, in part because of a reported higher operative risk than other single-valve operations. Although guidelines recommend valve repair, there is sparse literature for the optimal surgical approach in isolated tricuspid valve disease. We performed a meta-analysis examining outcomes of isolated tricuspid valve repair versus replacement.

Methods We searched Pubmed, Embase, Scopus and Cochrane from January 1980 to June 2019 for studies reporting outcomes of both isolated tricuspid valve repair and replacement, excluding congenital tricuspid aetiologies. Data were extracted and pooled using random-effects models and Review Manager 5.3 software.

Results There were 811 article abstracts screened, from which 52 full-text articles reviewed and 16 studies included, totalling 6808 repairs and 8261 replacements. Mean age ranged from 36 to 68 years and females made up 24%–92% of these studies. Pooled operative mortality rates and odds ratios (95% confidence intervals) for isolated tricuspid repair and replacement surgery were 8.4% vs 9.9%, 0.80 (0.64 to 1.00). Tricuspid repair was also associated with lower in-hospital acute renal failure 12.4% vs 15.6%, 0.82 (0.72 to 0.93) and pacemaker implantation 9.4% vs 21.0%, 0.37 (0.24 to 0.58), but higher stroke rate 1.5% vs 0.9%, 1.63 (1.10 to 2.41). There were no differences in rates of prolonged ventilation, mediastinitis, return to operating room or late mortality.

Conclusion Isolated tricuspid valve repair was associated with significantly reduced in-hospital mortality, renal failure and pacemaker implantation compared with replacement and is therefore recommended where feasible for isolated tricuspid valve disease, although its higher stroke rate warrants further research.

INTRODUCTION

The ‘forgotten’ tricuspid valve has lost its label over the last decade due to increased recognition that severe tricuspid regurgitation is associated with worse prognosis.^{1–3} The gold-standard treatment remains open heart surgery, indicated in those with severe tricuspid valve disease who present with either symptoms of right sided heart failure

Key questions

What is already known about this subject?

- Isolated tricuspid valve surgery is uncommonly performed making up to 20% of tricuspid valve surgery, because of poor outcomes compared with other single valve surgery. Surgical repair and replacement are two strategies to address isolated severe tricuspid valve disease with mixed results from the literature.

What does this study add?

- This is the first meta-analysis comparing isolated tricuspid valve repair and replacement, pooling 16 cohort studies and 15 069 patients. We found that isolated tricuspid valve repair was associated with reduced operative mortality (8.4% vs 9.9%) as well as lower rates of renal failure and pacemaker implantation, but a higher rate of stroke.

How might this impact on clinical practice?

- The findings support recommendations of performing surgical repair where feasible in isolated tricuspid valve disease. Isolated tricuspid surgery remains a high risk procedure regardless of whether repair or replacement is undertaken. Given this clinical scenario being increasingly encountered, percutaneous tricuspid valve interventions, if effective, may play an important role in the future to fill this unmet need.

or progressive right ventricular dilation or systolic dysfunction.^{1–4} The threshold for performing isolated tricuspid valve surgery is higher in part because of the markedly higher operative mortality risk compared with other single valve surgery, approximately 9% vs 2%–3%.^{5,6} This presents a challenging clinical decision, and isolated tricuspid valve surgery only makes up 20% of all tricuspid valve surgeries.⁷ Although guidelines suggest that tricuspid repair is preferred when feasible over replacement similar to for mitral valve surgery, this is based on a limited number of observation studies only.¹ To address this, we performed a meta-analysis of the outcomes of

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Figure 1 Literature search disposition.

patients undergoing isolated tricuspid valve repair versus replacement.

METHODS

Search criteria

Ethical approval was not required for the conduct of this meta-analysis with no individual-level patient data collected. The PRISMA guidelines for meta-analysis protocol were used for this study. Medline, Embase, Scopus and Cochrane electronic databases and reference lists of relevant searched articles during 1 January 1980 to 30 June 2019 were searched for adult human original clinical studies comparing tricuspid valve repair with replacement. The search terms used were (tricuspid) AND (repair OR annuloplasty) AND (replacement OR bioprosthetic OR mechanical). Isolated tricuspid valve surgery was defined as either surgical repair or replacement of the tricuspid valve without concurrent valvular heart surgery within the same procedure (such as mitral or aortic valve operations). For inclusion, studies needed to report separate outcomes for isolated tricuspid valve repair and replacement arms and have at least 10 patients in each group. Studies describing exclusively congenital tricuspid valve disease warranting surgery were excluded. Reviews, editorials and guidelines were excluded.

Data collection

For all studies meeting the inclusion criteria, data were extracted for analysis separately for valve repair and replacement. Study characteristics recorded include

author and year of publication, surgical cohort date and location, number of patients undergoing surgical repair and replacement, aetiology of tricuspid valve disease requiring surgery, demographics (age and sex) and follow-up duration. The primary outcomes of interest were operative mortality defined as in-hospital and/or within 30 days. Other outcomes studied include in-hospital morbidities and longer-term mortality after the operative period during follow-up.

Statistical analysis

Review Manager V.5.3 (Cochrane Collaboration, Oxford, England) was used for performing pooled analysis. Estimated effect measures were performed for binary outcomes using the Mantel-Haenszel statistical method and random effect models. The OR with 95% CI calculated in this study are based on the odds of an event for tricuspid valve repair compared with replacement, for example, OR less than 1.0 indicates lower event rate for surgical repair. Outcomes are only pooled if they are reported by over three studies. Heterogeneity of the outcomes reported across studies were assessed using the Cochrane Q χ^2 statistic and I^2 statistic, the former with p values and the latter considered significant heterogeneity if $>50\%$. Funnel plots were used to evaluate for publication bias. The significance level was set at 5% and all tests were two-tailed. The meta-analysis was performed using the PRISMA guidelines.

RESULTS

A total of 811 entries were obtained from the literature search, and figure 1 summarises the studies disposition. After abstract screening, 54 full-text studies were evaluated before arriving at the final 16 studies that met the inclusion criteria of this meta-analysis.^{6–21} Table 1 lists the main characteristics of the included studies, totalling 6808 isolated tricuspid valve repairs and 8261 isolated tricuspid valve replacement patients. The range of average age was 36–68 years, females comprised 24%–92% and follow-up ranged from in-hospital/30 days to 19.1 years.

Table 2 displays the pooled analyses for all outcomes of interest. Figure 2 shows the forest plot for mortality. Tricuspid repair was associated with lower rates of operative mortality with borderline statistical significance (8.4% vs 9.9%, OR 0.80, 95% CI 0.64 to 1.00), with no difference in late mortality (12.7% vs 16.6%, OR 0.80, 95% CI 0.47 to 1.37), compared with replacement.

In terms of postoperative complications, the three with significant differences by surgical technique are shown in figure 3. Tricuspid valve repair was associated with higher rate of stroke (1.5% vs 0.9%, OR 1.63 95% CI 1.10 to 2.41), but lower rates of renal failure (12.4% vs 15.6%, OR 0.82 95% CI (0.72 to 0.93)) and pacemaker implantation (9.4% vs 21.0%, OR 0.37 95% CI (0.24 to 0.58)). Long-term morbidities such as stroke, recurrent tricuspid valve disease, repeat operations and endocarditis were rarely reported and were not pooled.

Table 1 Characteristics of included studies of isolated tricuspid valve surgery

Author(s)	Year	Country	Cohort date	Repair	Replacement	Aetiology	Age (years)	Female (%)	Follow-up
Alkhouli <i>et al</i> ⁸	2018	USA	Jan 2003–Dec 2014	569	765	TR secondary	55	56	In-hospital
Axtell <i>et al</i> ⁹	2019	USA	Nov 2001–Mar 2016	143	28	All TR	61	54	2.6 years
Chen <i>et al</i> ¹⁰	2019	China	Jan 2005–Aug 2018	25	93	TR past LHS	55	79	2.7 years
Di Mauro <i>et al</i> ¹¹	2019	Italy	1983–2018	77	80	TV IE	47	24	19.1 years
Ejiofor <i>et al</i> ¹²	2017	USA	Jan 2002–Mar 2014	18	39	All TV	55	61	3.5 years
Farag <i>et al</i> ¹³	2017	Germany	1995–2011	41	68	All TR	53	50	N/A (long-term)
Gaca <i>et al</i> ¹⁴	2013	USA	2002–2009	354	490	TV IE	41	49	30 days
Hamandi <i>et al</i> ¹⁵	2019	USA	2007–2017	68	27	All TV	56	66	N/A (long-term)
Kim <i>et al</i> ¹⁶	2013	South Korea	Sep 1996–July 2010	37	14	All TR	55	51	4.0 years
Kundi <i>et al</i> ¹⁷	2019	USA	2003–2014	2494	2670	All TV	68	58	1.0 year
Moutakalliah <i>et al</i> ¹⁸	2018	Morocco	2018	15	11	TR RHD	48	92	4.6 years
Oh <i>et al</i> ¹⁹	2013	New Zealand	1965–2011	38	34	All TV	48	71	13.7 years
Protos <i>et al</i> ²⁰	2018	USA	2012–2016	12	26	TV IE	36	47	1.0 year
Raikhelkar <i>et al</i> ²¹	2012	USA	Nov 1998–Nov 2010	27	29	All TV	56	57	2.3 years
Vassileva <i>et al</i> ⁷	2012	USA	1999–2008	2465	3271	All TV	N/A	N/A	In-hospital
Zack <i>et al</i> ⁶	2017	USA	2004–2013	425	616	All TV	60	58	In-hospital

IE, infective endocarditis; LHS, left heart surgery; N/A, not available; RHD, rheumatic heart disease; TR, tricuspid regurgitation; TV, tricuspid valve.

Table 2 Summary of pooled outcomes of isolated tricuspid repair vs replacement

Outcome	Studies	N	Repair (%)	Replacement (%)	OR	95% CI	P value	I ²	χ ² (p value)
Operative mortality	16	15 069	8.4	9.9	0.80	0.64 to 1.00	0.05	41%	23.7 (0.05)
Stroke	11	8770	1.5	0.9	1.63	1.10 to 2.41	0.01	0%	4.9 (0.67)
Renal failure	8	8656	12.4	15.6	0.82	0.72 to 0.93	0.002	0%	6.5 (0.48)
Prolonged ventilation	4	2350	13.8	15.2	0.90	0.62 to 1.30	0.56	41%	5.1 (0.17)
Mediastinitis	7	6843	1.1	1.0	1.07	0.63 to 1.80	0.81	4%	5.2 (0.39)
Return to theatre	6	1184	11.6	14.1	0.81	0.51 to 1.28	0.36	9%	5.5 (0.36)
Pacemaker	11	9613	9.4	21.0	0.37	0.24 to 0.58	<0.001	78%	45.4 (<0.001)
Late mortality	7	5527	12.7	16.6	0.80	0.47 to 1.37	0.43	43%	10.6 (0.10)

Heterogeneity of studies in reporting adverse events was detected for pacemaker implantation, and to a lesser degree for early and late mortality, prolonged ventilation and return to operating room. Funnel plots were symmetrical without suggesting evidence of publication bias. Figure 4 illustrates the Funnel plot for operative mortality.

DISCUSSION

This is the first meta-analysis comparing the outcomes of isolated surgical tricuspid valve repair versus replacement. Combining 16 observational studies and over 15 000 patients, we found that isolated tricuspid valve

repair was associated with 20% lower operative mortality than replacement, with lower rates of in-hospital acute renal failure and pacemaker implantation, but a higher rate of stroke. There were no differences in other in-hospital complications or late mortality.

Tricuspid repair had lower rates of operative mortality than replacement. Possible reasons from the surgical point of view include preservation of the tricuspid annulus which contributes to right heart function and risk of thromboembolism and bleeding from anticoagulation for prosthetic heart valves. Nevertheless, these patients form a high risk surgical group with 8.4% operative mortality for repair and 9.9% for replacement. Compared with

A. Operative Mortality

B. Late Mortality

Figure 2 Forrest plots of pooled (A) operative mortality and (B) late mortality for tricuspid valve repair vs replacement.

A. Stroke

Study or Subgroup	Repair		Replacement		Weight	Odds Ratio M-H, Random, 95% CI
	Events	Total	Events	Total		
Aklhoul 2018	13	569	10	765	22.1%	1.77 (0.77, 4.06)
Chen 2019	1	25	0	93	1.5%	11.45 (0.45, 289.82)
Ejiofor 2017	0	18	0	39		Not estimable
Gaca 2013	5	254	2	490	5.6%	4.90 (0.94, 25.43)
Hamandi 2019	1	68	1	27	1.9%	0.39 (0.02, 6.44)
Kundi 2019	24	2494	17	2670	39.4%	1.52 (0.81, 2.83)
Moutakillah 2018	1	15	1	11	1.8%	0.71 (0.04, 12.83)
Oh 2013	0	38	0	34		Not estimable
Protos 2018	0	37	0	26		Not estimable
Raikhelkar 2012	1	27	0	29	1.5%	3.34 (0.13, 85.56)
Zach 2017	13	425	14	616	26.2%	1.36 (0.63, 2.92)
Total (95% CI)		3970		4800	100.0%	1.63 (1.10, 2.41)
Total events 59 45						
Heterogeneity: Tau ² = 0.000; Chi ² = 4.93, df = 7 (P = 0.67); I ² = 0%						
Test for overall effect: Z = 2.44 (P = 0.01)

B. Renal Failure

Study or Subgroup	Repair		Replacement		Weight	Odds Ratio M-H, Random, 95% CI
	Events	Total	Events	Total		
Alkhoul 2018	162	569	221	765	28.2%	0.98 (0.77, 1.25)
Ejiofor 2017	2	18	6	39	0.6%	0.89 (0.12, 3.79)
Farag 2017	9	41	21	68	2.0%	0.63 (0.26, 1.55)
Gaca 2013	22	354	30	490	5.0%	1.02 (0.58, 1.79)
Kim 2013	2	37	1	14	0.3%	0.74 (0.06, 8.90)
Kundi 2019	184	2494	269	2670	42.3%	0.71 (0.58, 0.86)
Raikhelkar 2012	6	27	12	29	1.2%	0.40 (0.13, 1.30)
Zach 2017	105	425	171	616	20.4%	0.85 (0.64, 1.13)
Total (95% CI)		3965		4691	100.0%	0.82 (0.72, 0.93)
Total events 492 731						
Heterogeneity: Tau ² = 0.00; Chi ² = 6.54, df = 7 (P = 0.48); I ² = 0%						
Test for overall effect: Z = 3.14 (P = 0.002)

C. Pacemaker Implantation

Study or Subgroup	Repair		Replacement		Weight	Odds Ratio M-H, Random, 95% CI
	Events	Total	Events	Total		
Aklhoul 2018	62	569	271	765	18.6%	0.22 (0.16, 0.30)
Chen 2019	1	25	0	93	1.7%	11.45 (0.45, 289.82)
Di Mauro 2019	0	77	1	80	1.7%	0.34 (0.01, 8.52)
Farag 2017	4	41	0	68	2.0%	16.44 (0.86, 313.71)
Gaca 2013	11	354	80	490	14.2%	0.16 (0.09, 0.31)
Hamandi 2019	8	68	8	27	9.0%	0.32 (0.10, 0.96)
Kim 2013	2	37	0	14	1.9%	2.04 (0.09, 45.21)
Oh 2013	3	38	3	34	5.2%	0.89 (0.17, 4.71)
Raikhelkar 2012	4	27	10	29	7.4%	0.33 (0.09, 1.22)
Vassileva 2012	234	2465	563	3271	19.8%	0.50 (0.43, 0.59)
Zach 2017	57	425	214	616	18.4%	0.29 (0.21, 0.40)
Total (95% CI)		4126		5487	100.0%	0.37 (0.24, 0.58)
Total events 386 45						
Heterogeneity: Tau ² = 0.25; Chi ² = 45.41, df = 10 (P < 0.00001); I ² = 78%						
Test for overall effect: Z = 4.40 (P < 0.0001)

Figure 3 Forrest plots of key pooled in-hospital morbidity outcomes (A) stroke, (B) renal failure and (C) pacemaker implantation following tricuspid valve repair vs replacement.

Figure 4 Funnel plot of operative mortality meta-analysis to assess publication bias.

data from the Society of Thoracic Surgeon's Database, this mortality is much higher versus the 2%–3% mortality for isolated aortic and mitral valve surgeries⁵ and is more comparable to endocarditis surgery that has a reported risk of 8.2%.¹⁴ Possible factors contributing to the high risk of isolated tricuspid valve surgery include high prevalence of previous cardiac surgery, atrial fibrillation, heart failure, right ventricular dilation and/or dysfunction, pulmonary hypertension, non-cardiac comorbidities and late presentation for surgery.^{6,17} Long-term mortality was less often reported and no differences by type of operation were seen in our analysis.

In terms of in-hospital complications, tricuspid repair had lower rates of renal failure and pacemaker implantation. The former parallels the trend for lower operative mortality and is an important endpoint with prognostic, length of stay, cost and quality of life implications.²² The

need for pacemaker is related to the close proximity of the atrioventricular node to the septal leaflet of the tricuspid valve, meaning interventions, manipulation and trauma to the tricuspid valve can lead to heart block, expectedly higher for valve replacement (in fact 21% in our meta-analysis), with underlying heart rhythm disturbance and endocarditis being other important predictors of pacemaker requirement.²³ Conduction disturbance needs to be anticipated as transvenous pacemaker lead implantation is not feasible in some types of prosthetic tricuspid valves meaning epicardial leads may be required, sometimes as part of the initial operation. On the other hand, the higher rate of stroke in tricuspid repair was surprising, demonstrating an opposite trend to other endpoints. The reasons for this are unclear. Although prosthetic valves are associated with thromboembolism, in tricuspid valve surgery, this would cause pulmonary emboli unlike left-sided valve replacement, so we would not expect this to contribute to stroke risk. Further studies are required to assess this association and determine potential underlying mechanisms so as to reduce such risk in tricuspid valve repair.

Notably, there was another recent meta-analysis comparing surgical repair versus replacement for tricuspid regurgitation, pooling data from 17 studies totalling 4561 patients.²⁴ Fourteen of the 17 studies included tricuspid valve surgery performed with concomitant other cardiac surgery—in these studies, isolated tricuspid valve surgery made up 0%–41% of the cohort. They similarly found lower rates of all-cause mortality tricuspid repair, but no differences in valve-related events or reoperations. It should be noted that having concurrent left heart surgery with tricuspid valve surgery may often be a lower risk operation than isolated tricuspid valve surgery. For example, a meta-analysis of 15 studies and 2840 patients found tricuspid repair at the time of left-sided heart valve surgery to reduce cardiac mortality and have a trend to reducing all-cause mortality,²⁵ and we know mitral and aortic valve surgeries have lower operative mortality than isolated tricuspid valve surgery.⁵ Our study adds novel information in being a cleaner cohort focusing only on isolated tricuspid valve surgery and having more than triple the number of patients of this previous meta-analysis.²⁴

Several measures should be applied to improve outcomes for these high risk isolated tricuspid valve surgery patients. The first strategy is to prevent patients from developing severe tricuspid regurgitation, which includes adequately treating underlying causes such as rheumatic heart disease, endocarditis and carcinoid syndrome for primary and left heart disease, chronic lung disease and atrial fibrillation for secondary tricuspid valve disease. An aggressive approach to operating on the tricuspid valve even at just mild or moderate severity at time of left heart surgery as recommended by guidelines should be undertaken,^{1 4} given the improvements in clinical outcomes and reductions in late tricuspid regurgitation without added operative risk reported in other studies.^{25 26} Second, it may be that patients are often monitored for a prolonged period of time due to

the reluctance to refer for surgery and earlier surgery than what is suggested in the guidelines may need to be considered and investigated, taking into account clinical (such as frailty), biomarker (such as B-type natriuretic peptide) and multi-modality imaging (such as accurate right ventricular volume, function and strain analysis) parameters.^{1 4} Third, accurate risk stratification is necessary to improve patient selection for surgery. Further evaluations and refinements on existing surgical risk models are necessary, as currently only one is designed specifically for tricuspid valve surgery, and this is without external validation.²⁷ Fourth, the rates of surgical repair at 45% in this meta-analysis may need to be increased where possible, and these patients should be funnelled towards experienced cardiac surgeons and even centres of excellence. Finally, there needs to be thorough attention to optimising these patients' perioperative status and management, such as diuretics for improved fluid status, cardioplegia strategies to reduce ischaemic time and prevention of in-hospital complications.

Other treatment strategies need to be sought to improve the outcomes of patients with isolated severe tricuspid valve disease. The role of surgery for isolated tricuspid regurgitation was questioned in a recent study also included in this meta-analysis. In this study, although surgery yielded higher survival in the overall cohort, in the propensity-matched subgroups, surgery did not improve outcomes over conservative medical therapy.⁹ This analysis was limited by power (124 patients total), but further questions the timing of surgery, especially when patients are high risk for surgery because of underlying clinical status and/or comorbidities. It is in this scenario where transcatheter tricuspid valve interventions may play an important role in the future. The current experience is limited compared with aortic or mitral valve interventions but appears promising with low 30 day mortality of 3.6% and high 1-year survival, although the procedural success rate of 73% still needs to be improved.³ Furthermore in a subsequent propensity-matched observational study, percutaneous tricuspid interventions had higher survival and freedom from heart failure rehospitalisations compared with medical therapy alone. Randomised trials for different tricuspid devices are necessary and are currently in planning or in progress and will allow further understanding of the role of this promising intervention in clinical practice.²⁸

This meta-analysis has some limitations. There are no randomised trials comparing tricuspid valve repair and replacement; all studies were observational and thus susceptible to error with regard to patient selection and characteristics. Such differences in baseline characteristics are expected, but were inconsistently reported and patient-level data were not available for us to perform multivariable analyses such as meta-regression to identify important predictors of adverse outcomes. These include in particular aetiology of tricuspid valve disease, left and right heart function and operative strategy including specific repair techniques or prosthetic valves used. Certainly, inability to repair may be a marker for a higher risk patient, such

as in endocarditis with significant destruction of the tricuspid valve. Heterogeneity existed in the study design and outcomes recorded by studies as well. Analysis of less frequent events was likely underpowered. Insufficient studies reported long-term morbidity outcomes such as stroke, endocarditis, repeat tricuspid valve operations for recurrent valvular dysfunction, symptoms and quality of life for pooled analyses which are all important endpoints to consider. Publication bias although not found may be present as a common problem for all meta-analyses.

In conclusion, this meta-analysis found that isolated tricuspid valve repair was associated with decreased rates of operative mortality (of borderline significance), renal failure and pacemaker implantation, so surgical repair should generally be recommended when feasible, similar to mitral valve surgery. The higher pooled stroke rates following tricuspid valve repair was unexpected, and warrants further research. The operative risk of both procedures remains high, and further investigations and experience with regard to earlier surgery, percutaneous interventions and medical therapy are necessary to try and improve outcomes in this challenging group of patients.

Contributors TKMW and MYD were involved with planning, literature search, article screening, data extraction, statistical analysis, data interpretation, writing and final approval of the manuscript. BG, RM, BX, ZBP, GP and AMG were involved in the planning, data interpretation, revision and final approval of the manuscript.

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