**Appendix 1**

*Selection criteria*

* Age 50 years or older
* Free of clinical CVD (history of myocardial infarction, stable or unstable angina, stroke or transient ischaemic attack)
* At least one of the following cardiovascular risk factors, assessed from the most recent data in the clinical record, or using anthropometry for obesity.
	+ Dyslipidemia:
		- LDL-cholesterol levels ≥4.1 mmol/l (≥160 mg/dL)
		- HDL-cholesterol levels <1.036 mmol/l (<40 mg/dL) for men or <1.300 mmol/l (<50 mg/dL) for women
		- Triglyceride levels ≥1.7 mmol/l (≥150 mg/dL)
		- Receiving lipid-lowering medication
	+ Hypertension
		- Systolic blood pressure (SBP) ≥140 mmHg
		- Diastolic blood pressure (DBP) ≥90 mmHg
		- Receiving antihypertensive medication
	+ Smoking
		- Current or former smoker, with >100 cigarettes smoked in lifetime
	+ Diabetes mellitus
		- Fasting plasma glucose ≥7.0 mmol/L (126mg/dL), or
		- On antidiabetic medication (insulin or oral medications)
	+ Obesity
		- Body Mass Index (BMI) ≥30 kg/m2, or
		- Waist circumference ≥102cm in men or ≥88cm in women